

"Engage yourselves in service activity. Consider social service as service to God. This is the best way to earn God's Love. Love all and serve all. Your entire life will be sanctified thereby."

- Sathya Sai Baba

Dear Sisters and Brothers,

Loving Sairams to you all from us!

When selflessness guides your action, the outcome is bound to be that of the greater good. In the two years of its existence, the Sri Sathya Sai Premaarpitham Foundation has scripted a heartful journey of how good always begets only good.

The Foundation came to life in the middle of the first wave of Covid-19 in 2020. The world was practising social distancing while the Foundation was putting together a plan to touch hearts. And what started as a trickle two years ago has now grown into a steady stream of Narayana Seva having fed lakhs of hungry stomachs!



#### A Look Back before the Leap Forward

# Solve Hunger, Together

Sri Sathya Sai Premaarpitham Foundation

Foundation established Formalised service initiatives. 15-20 volunteers | weekly distribution. **Ex panding netw ork** 200,000+ people served. 70+ volunteers.



**Informal service** Handful of volunteers. Weekly food distribution. **Central kitchen** Food distribution made daily during Covid 2<sup>nd</sup> wave & lockdown. The story so far... 500+ served every day 6,50,000+ served till date 80+ volunteers



#### Home-cooked, nutritious & hot meals served to everyone

We have a balanced menu: leafy vegetables are used twice

a week, lentils and legumes twice a week and fresh vegetables-based meals are made twice a week. This way complete nutrition is packed into the food meticulously. All ingredients, including the oil and ghee that are used of a very good quality. Vegetables are procured fresh for every meal so that it retains nutrient values. We have a larger objective. And that is not just to satisfy the hunger but also provide for the healthcare needs of those in dire need, give access to potable drinking water; and make the entire offering holistic by offering educational programmes and scholarships, women empowerment and personality development programmes.

Krishnan R, Chairman





K Sreedevi, Trustee

## An Edifice of Love

We are also happy to share that the new premises for the Foundation would be coming up in the vicinity of Shivagiri Kshetra near Kanakapura, just outside the city of Bangalore. The new premises, when constructed would host an Annalayam, a high-tech centralised kitchen that would serve healthful food to locals as well as help sustain food distribution drives in the city.

It would house a *Vaidyalayam*, a multi-speciality healthcare centre that will cater to the medical needs of the villagers with a focus on orthopedics, neurology, dentistry, ophthalmology, and dermatology. The campus will also house a residential facility for visitors.

It would also serve the water and educational needs of the villagers through the planned *Vidyalayam* and *Salilam* initiatives. Scholarships would be awarded by the foundation to deserving candidates for further studies. A lot more good work is on the anvil!

SAI PREMAARPITHAM

## Collective platform for community service



अन्नालयम्

high-tech centralized kitchen to serve nutritious food to the needy





वैद्यालयम् consultation rooms

and a five-bed setup to cater to medical needs.



सलिलम्

quality drinking water for villagers for a nominal sum of ₹1



विद्यालयम्

sessions, classes & group activities, to educate women, youth, and children



प्रेमालयम्

centrally-located 2000-seater hall for all community development initiatives

#### All services are provided free of cost to everyone

#### APPROACH

## Building the Community from grassroots



## Holistic growth of the individual & community

From nutritious food, quality healthcare, and clean drinking water to skill development and opportunity creation, our activities are planned for the all-round development of the individual and the community.

Campus under construction in a village near Bangalore

#### **Our Vision**

Live to Serve. Live to Love.

#### **Our Mission**

To create a sustainable and scalable platform for the like-minded to come together and selflessly serve the underserved.

#### **Our Core Values**

At the Sri Sathya Sai Premaarpitham Foundation, our constant endeavor is to build a world where everyone lives in love – where love is at the core and periphery of all that we do.

Inspired by the life and message of Bhagawan Sri Sathya Sai Baba, who taught humanity to 'Love All, Serve All', we hope to reach out to the needy and serve them with the goodness of our hearts.

From nourishing the bodies, minds, and hearts of men, women, and children to equipping them with the much-needed skills to thrive in their lives, our dream is to touch and transform lives with the power of love and selfless service.



Let's continue to work and grow together in this journey of love and service. Here's wishing that we all remain inspired and make our lives a living testimony to God's love, of proof that god exists in the form of love and can reach everyone through our acts of selfless love.

#### Loving Regards, Team Premaarpitham

### **Get Involved**

Willing to donate your time and energy? Join our team of inspired individuals in the uplift and transformation of thousands of lives.

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